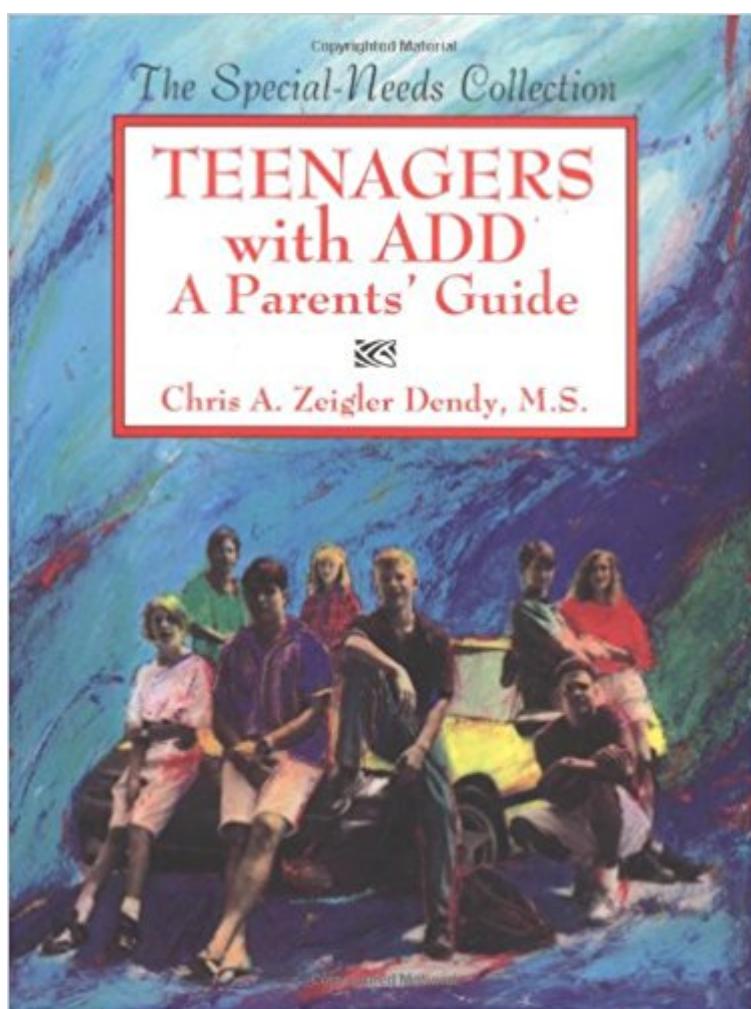


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# Teenagers With Add: A Parents' Guide (The Special-Needs Collection)



## **Synopsis**

Parents, educators, and health professionals rely on this best selling guide to understand and cope with teenagers with Attention Deficit Disorder (ADD). With a positive outlook, this book covers symptoms, diagnosis, treatments, accommodations, advocacy, legal rights, family & school life, and options after high school. Appropriate interventions are discussed for troubling behaviors such as sleep disturbances, learning problems, depression, and driving problems. Abundant anecdotal information provide insight and advice to successfully navigate the teenage years.

## **Book Information**

Series: Special Needs Collection

Paperback: 370 pages

Publisher: Woodbine House; 1 edition (January 1995)

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Shipping Weight: 2.2 pounds

Average Customer Review: 4.8 out of 5 stars 27 customer reviews

Best Sellers Rank: #1,628,710 in Books (See Top 100 in Books) #51 in Books > Parenting & Relationships > Special Needs > Hyperactivity #277 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #1985 in Books > Parenting & Relationships > Parenting > Teenagers

## **Customer Reviews**

A review... "Parents and teachers of teenagers frequently lament the lack of a guide for answering myriad questions posed by teenagers' typical challenges of struggle for control and confusion with emerging identity. Add to these challenges difficulty focusing attention, resisting impulses, or remaining still, and you will understand the necessity of a manual for how to live and work with teens with ADD. This comprehensive book offers all the basic information necessary to understand the condition, get help, and provide appropriate guidance for adolescents with ADD. Chapters include definitions, diagnosis, medical treatment, and legal rights. Discussions regarding family dynamics, advocacy roles, and options for postschool life are insightful. With sensitivity and understanding, the author approaches several essential topics: self-esteem, troubled interpersonal relationships, academic failure, disorganization, substance abuse, and driving problems. Teenagers

with ADD has something for everyone associated with this population. It is alive with quotes and photographs. The final chapter, Words of Wisdom from the Kids, would be excellent reading for teenagers in helping them express their thoughts, feelings, and experiences. Figures and tables summarize major points and could be used by parents and speakers for presentations to a wide variety of audiences. Sample forms could be duplicated or adapted to meet a range of home and school needs." --Intervention in School and Clinic, September 1996

I can't say how helpful this book has been. As I read it that first night, it felt as if it was written directly for me. My 8th grade daughter has had and still does have all the ups and downs of Jr. High. I felt this book turned a light on and pointed me in the right direction. We have been dealing with ADD issues a few years now and it reminded me I am not alone, that it will work out and it also relieved a lot of stress so that I was more able to help my daughter. Thank you.

We purchased this book to help us understand how out teen with ADD thinks. It was an eye opener and has helped cut down on the arguments and yelling in our house. Now that we understand why he does things the way he does-or doesn't we all get along much better! I wish I had thought to purchase a book sooner. If you have a child with ADD or ADHD I highly recommend reading this book or another that might be more age appropriate if your child has not yet reached their teen years.

This is another excellent book by Chris Ziegler Dendy. The author presents practical information that will help parents in their day to day struggle to deal with the changing world of an adolescent with ADHD. She clearly has dealt with some of these situations herself, so she brings humorous and compassionate anecdotes to illustrate the factual material. I would highly recommend this and her other books on the practical aspects of dealing with adolescents with ADHD

I purchased this book when it first came out. I have used it as a reference tool so often that the pages are dog-eared and a few are coming out. I have loaned it to friends and gone over it with teachers. It is by far the most comprehensive book on the ADD/ADHD subject that I have ever read (and I have quite a collection!), yet it is written so that any parent can gain a better understanding of their child, and become an advocate for them in the school system. I am now purchasing a replacement copy so that a friend of mine can enjoy my old one. It is really an indispensable tool for dealing with an invisible adversary. This is the book that will always be on the coffee table, or the

desk, or your night stand.....

This book was so helpful to me! My 13-year-old son was just diagnosed with ADD and it was a God send. It has so many great suggestions, stories and advice. I stayed up all night reading it! It was like an autobiography of my son for the past few years. He was especially relieved to figure out what was wrong and read the other kid's experiences. It was also helpful for me on how to advise my son's teachers of special care that he needs. The appendix for teachers in the back is an excellent tool to give to teachers so they can develop a good basic understanding of the condition. The book doesn't have much on the medication Adderal which was what our doctor recommended. The information on accompanying sleep disturbances was excellent - our doctor didn't even know about it.

OUR SON IS IN 8TH GRADE, AND WE DIAGNOSED HIS ADD BEFORE HE STARTED SCHOOL. HE DOES NOT TAKE ANY MEDICATION AND IS IN TOP 1% IN INTELLIGENCE. HE DRIVES US CRAZY, HOWEVER, IN TRYING TO GET HIM TO DO HIS HOMEWORK RATHER THAN PLAY VIDEO GAMES OR MAGIC CARDS. THIS BOOK TOLD US THIS PROBLEM WOULD NOT GREATLY IMPROVE UNTIL SOMETIME IN HIGH SCHOOL. THIS ALLOWED US TO TAKE A DEEP BREATH AND STOP PUTTING SO MUCH PRESSURE ON OUR SON TO CHANGE NOW. IT TOOK A LOT OF PRESSURE OFF US, TOO. THE BOOK INCLUDES A GREAT DISCUSSION OF THE PROS AND CONS OF VARIOUS MEDICATIONS. I LIKED THE SUGGESTION OF SENDING TEACHERS A SUMMARY REGARDING THE ADD STUDENT - SUGGESTED SUMMARY IS PROVIDED. JUST GET THIS BOOK. YOU WON'T REGRET IT.

I bought this book on the advise of my 15 yr. old son's new counsellor. I can't thank her enough. I thought I was alone. We were always hitting a brick wall when seeking help for this disability, with no end to this confusion in our lives. We are going through some tough times with his school and the school board just trying to get guidance to understand and cope. I get so frustrated with them that I want to run out and buy this book for the teachers, vice principals and principals to educate them to understand our kids better than they think they already do. I find they don't know enough to understand any teen (my teen) who is struggling with ADHD. At least I will, and that's what's most important. Thankyou Dr. Zeigler

Have you ever read a book that you just couldn't read fast enough? This book has so much

information that is so valuable, so accurate, so comforting, so reassuring, and so on... that it is priceless! It literally helped save my life. While reading it, I felt like the author had actually been spying on my family and recorded every detail of our struggles with our sons and their ADD and ADHD. It has been exactly the resource I needed, when I needed it, because it covers EVERY aspect of this challenging disorder. I cannot adequately express my sincere gratitude to the book's author, except to highly recommend it to anyone reading this review.

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